

Resources:

NC Medical Board on Opioid Prescribing:

<https://www.ncmedboard.org/landing-page/safeopiods>

CDC Guidelines for Prescribing Opioids for Chronic Pain

<https://www.cdc.gov/drugoverdose/prescribing/guideline.html>

AAFP Chronic Pain Management Toolkit:

<https://www.aafp.org/family-physician/patient-care/care-resources/pain-management/aafp-chronic-pain-management-toolkit.html>

NC Medicaid Preferred Drug List Opioid Analgesic MME Table

<https://medicaid.ncdhhs.gov/media/4382/download>

Opioid conversion calculator:

<https://opioidcalculator.practicalpainmanagement.com>

DEA List of Controlled Substances

<https://deadiversion.usdoj.gov/schedules/index.html#exempt>

NC Controlled Substances Act; list of controlled substances

https://ncleg.net/EnactedLegislation/Statutes/HTML/ByArticle/Chapter_90/Article_5.html

NC DHHS: Opioid and Substance Use Action Plan Data Dashboard

<https://www.ncdhhs.gov/opioid-and-substance-use-action-plan-data-dashboard>

NC DHHS: NC Alcohol Data Dashboard

https://dashboards.ncdhhs.gov/t/DPH/views/AlcoholDashboard_2020Update_04042021/Story?%3Aembed=y&%3AisGuestRedirectFromVizportal=y

North Carolina Harm Reduction Coalition (NCHRC)

<http://www.nchrc.org/>

NC Medical Society “Project OBOT”

- <https://projectobot.com>
- In partnership with UNC Project ECHO for MAT, MAHEC ECHO, and others
- Extension for Community Healthcare Outcomes for Rural Primary Care Medication-Assisted Treatment

SAMHSA TIP 63: Medications for Opioid Use Disorder

https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP21-02-01-002.pdf

SAMHSA TIP 42: Substance Use Disorder Treatment for People with Co-Occurring Disorders

https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP20-02-01-004_Final_508.pdf

Steps for Obtaining X Waiver:

- Attend and complete training (PCSS, ASAM): 8 hours for physicians, 24 hours for nurses, 24 hours for PAs. Interested physicians may seek exemption under practice guidelines if treating ≤ 30 patients/year.
- Submit notice of intent (NOI) and certificate of completion to SAMHSA (must have personal DEA and unrestricted medical license)
- Await DEA X number.

SAMHSA Buprenorphine Quick Start Guide:

<https://www.samhsa.gov/sites/default/files/quick-start-guide.pdf>

ACEP Quick Start for Buprenorphine in ED:

<https://www.acep.org/patient-care/bupe/>

AAFP Opioid Use Disorder Treatment Manual:

https://www.aafp.org/dam/AAFP/documents/patient_care/pain_management/OU-Condition.pdf

MAT Resources Toolkit, Colorado:

<https://medschool.cuanschutz.edu/itmatttrs/materials#ac-chapter-10-behavioral-health-materials-9>

SUD Resources, California:

<https://cabridge.org/tools/resources/>